

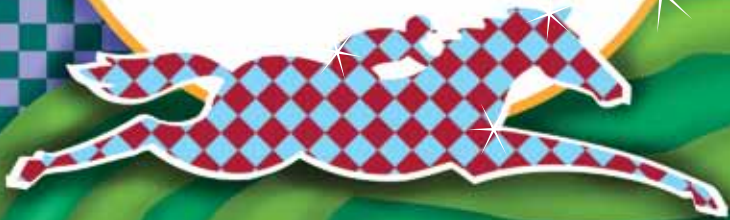


Jeans & Jewels Gala

“Off to the Races”

**Celebrating 36 years
of Lift Me Up!**

November 12, 2011



You're Invited

Lift Me Up! Jeans & Jewels Gala

"Off to the Races"

Celebrating 36 years of Therapeutic Riding

Please join us for a casually spectacular fun-filled evening of cocktails, dinner, and live and silent auctions at the:

BMW of Sterling Dealership
21826 Pacific Boulevard, Sterling, VA
Courtesy of Thomas and Joyce Moorehead

Saturday, November 12, 2011

7:00 p.m. Cocktails, Silent Auction, & Games
8:00 p.m. Dinner
9:00 p.m. Program & Live Auction
9:45 p.m. Dancing

Please RSVP by
October 31, 2011

* Jeans & Jewels attire *



Our Mission

The mission of Lift Me Up! is to provide a safe, effective and challenging therapeutic riding program dedicated to helping children and adults with a wide range of disabilities. By combining the use of horses and the skills of certified instructors and therapists, Lift Me Up! seeks to help riders develop physically, mentally and emotionally in a caring and fun environment that empowers the rider in ways very different from traditional therapy.

*Lift Me Up! is a
registered 501(c)(3)
non-profit organization.
www.LiftMeUp.org*





Board Members:

Jennifer Lucier, *President*
John Yaremchuk, *Vice President*
Tracy Kenny, *Treasurer*
Mary Smith, *Secretary*

Karen Briscoe
Bill Carbaugh
Georgia Bay Corey
Roz Drayer
Kimberly Ginn
Cindy Merson
Paula Michaels
Jeff Satre
Denny Sisson
Tim Stone
Don Williams
Pam Woolley

LMU Staff:

Georgia Corey, *Program Director
and Advanced Instructor*
Kristin Meaney, *Office
Manager and Instructor*
Becca Bryan, *Instructor*
Veronica Laughman, *Instructor*
Rosa Rishi, *Instructor*
Erica Wheatley, *Instructor*
Maria Navarro, *Facilities Manager*

Mallory Bryan, *Assistant
Facilities Manager*
India Drew, *Assistant
Facilities Manager*
John Reeder, *Accountant*

Volunteer Co-ordinators:

Diana Ahlers
Margaret Havens

2011 Gala Chair:

Roz Drayer

2011 Gala Committee:

Maria Berman
Sally Buckley
Lauren Carbaugh
Doug Church
Marianne Gray
Sally Hamlin
Elizabeth Hefferon
Joyce Moorehead
Risa Morrison
Lisa Pulaski
John Sample
Brigid Thomas
The Board Members





HOPE

CONFIDENCE



DEDICATION



MOTIVATION



Strength



EMPOWERMENT



FUN



Lift Me Up!

9704 Georgetown Pike
Great Falls, VA 22066

Mailing Address

Lift Me Up!
PO Box 104
Great Falls, Virginia 22066
Phone: 703/759-6221
Email: info@liftmeup.org
www.LiftMeUp.org

Caring

