



LiftMeUp!

22nd Annual Benefit Ride

Saturday, May 23, 2009

Rolling Meadows Farm
35979 Jeb Stuart Rd
Purcellville, Virginia 20132

Directions to Rolling Meadows Farm:

From Leesburg

- From Route 7, head West to Purcellville – approximately 7 miles
- Take VA-287 ramp to Purcellville
- Turn LEFT onto Berlin Turnpike / Virginia 287
- Berlin Turnpike ends at Business 7
- Turn RIGHT onto Route 7 Business / East Main Street
- Turn LEFT onto South 32nd Street (there is a 7-11 here) - approximately $\frac{3}{4}$ mile
- South 32nd becomes Silcott Springs Rd / Virginia 690 - approximately 5 $\frac{1}{2}$ miles
- Continue straight through the blinking stoplight for approximately 1 $\frac{1}{2}$ miles
- Turn LEFT onto Jeb Stuart Road/Route 630
- Go approximately $\frac{1}{4}$ mile and turn RIGHT into Rolling Meadows

From Fairfax

- Follow Route 50 West through Middleburg
- Turn RIGHT on Route 611
- Go approximately 5 miles and turn RIGHT on Jeb Stuart Road/Route 630
- Go approximately $\frac{1}{4}$ mile and turn RIGHT into Rolling Meadows

Riders:

- Riders may begin their ride any time between 10 a.m. and noon
- **The event will go on rain or shine**
- This is a fundraiser for the Lift Me Up! therapeutic riding program. Participants must have raised pledges of at least \$40 in order to participate in the event. **All pledges are tax deductible.**
- All riders are welcome to join us for lunch following their ride
- Please don't forget to bring your **sponsorship forms, signed releases**, and a **current Coggins** for your horse. Forms are available on www.liftmeup.org
- If you have questions you may call Georgia Corey at 703-203-0205